

The Bread of Life

John 6:25-59 (part 1)

What is life really about?
What is a human?
Look beyond the obvious!



What is a human?

Nor varies more our present outward shape
(This man half-angel, and the next half-ape)

Than do the mental powers: What odds we find
Between a ———'s and a Newton's mind?

(William Hawkins, Essay on Genius, 1781)

Two men look out through the self same bars
One sees the mud, and one the stars.

(Francis Langridge, 1896, often attributed to Dale Carnegie)



What is a human?

You are what you eat (vv26,27)

You are what you do (v28,29)

You are what your back story made you! (v42)



What is a human? You are what you eat

Materialism: *The Naked Ape*

But apes don't write books!

Humans are interested in

Knowledge, truth, justice, compassion

Preserving the human spirit



What is a human? You are what you eat
Preserving the human spirit

Existentialism: existence is pure action!
But does action have moral implications?

Postmodern: truth is pure assertion!
But can your truth be my truth?

Woke suppression of debate:
reason replaced by the hashtag



What is a human? You are what you eat
Preserving the human spirit

What does Jesus have to say (v27)?

To keep your body healthy, feed it good food.
And to keep your spirit healthy, you must feed
it good food also, the food the Father supplies

But we do need bodily food of course!

(James 1:27)



What is a human? You are what you do

Identity via works, but to what end (v27)?

Rules, or a person (vv28,29)?

A change of direction (repentance)
faith in a person
who gives life to the world (v33)



What is a human? You are what you do

A change of direction (repentance)
faith in a person
who gives life to the world (v33)

Consider, trust, follow, act!

Show me your faith without deeds, and I will
show you my faith by what I do

(James 2:28)



What is a human?

You are what your back story made you

Or can you be anything you want?

Only if the world can tell you what
you ought to want!



What is a human?

To be fully human you need to feed your spirit
with

Jesus, the bread of life

